
TOPIC:

Dress Code

Nursing is one of the oldest and most respected professions. Image will not assure the desired excellence in nursing care; however, it often provides the basis for the public's perception of the profession and guides the first impression. Upon entering the program, students willingly accept the obligations of the profession and are expected to act accordingly. Abiding by the Uniform Policy is a part of the educational process that establishes esteem and emphasizes the importance of professionalism.

CLASSROOM DRESS CODE

Nursing students are expected to dress in a way that promotes a positive learning environment. Clothing that is disruptive or distracting should not be worn to class. When at school or a clinical agency for school business the student is expected to be neat (without wrinkles, no holes) and clean (no pet hair). If the student is delivering a presentation see guidelines below.

CLINICAL DRESS CODE

Uniforms are worn to promote a professional image, to fulfill accepted health care practices, to protect the welfare of the client, and to comply with the dress codes of affiliated agencies. All nursing students will abide by dress code stated below. Clinical sites reserve the right to require a dress code stricter than what is stated here.

Students will wear their uniforms anytime they represent the college at the clinical site and when requested by the instructor. Student uniforms should not be worn outside of practicum/school activities. The full uniform including nametag must be clean and neat at all times.

The purpose of the uniform is to:

- Provide clean apparel for safe client care
- Identify the individual as a nursing student.

The CCCC ADN Clinical Uniform includes:

- CCCC issued embroidered scrub top
 - A plain black or white shirt may be worn under the scrub top if desired.
- Black full length scrub pants, without design; must be hemmed as to not drag on the floor
 - A black skirt may be substituted for the black scrub pants if preferred. If a skirt is worn, full-length hose must also be worn.
- Clean black embroidered scrub jacket may be worn with the uniform in selected clinical agencies. Must be made of scrub material.
- Shoes shall be **clean**, nursing or athletic shoes with closed toes and heel. Utilized for clinical only.

Each student shall have their own:

- Simple watch with a second hand – No Fitbits, Google watches, Smart watches or similar devices.
- Stethoscope

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- A ballpoint pen
- Bandage scissors

While in uniform, the hair should be clean and neatly arranged in a style that keeps the hair contained and away from the face.

- Jewelry-
 - Jewelry must not present a safety hazard to the student, employee or patient. No visible piercings other than the ears are acceptable. Piercings in the ears shall not be excessive to the point of distraction. Studs only, no hoops or bars. Gauges must have flesh colored covers.
 - Engagement and/or wedding ring with non-protruding stone.
 - Facial jewelry, such as eye, nose, lip or tongue jewelry is strictly prohibited.
 - No stethoscope bling.
- Fingernails-
 - Clean, bare natural nails (no polish, shellac etc.) and at a length not longer than ¼ inch and not hazardous to clients.
 - No artificial fingernails.
- Barrettes or hair restraints shall be tasteful and inconspicuous; hair should be pulled back away from the face.
- Students should be free of offensive or excessive odors such as cigarette smoke, body odor, perfume, body sprays and lotions in all school activities.
- Offensive tattoos must be covered.

Students need to be aware of their appearance and presentation at all times. Uniforms should not allow for skin to show while crouching, bending over or raising arms. Well-fitting uniforms will alleviate this problem. Students choosing not to adhere to the Uniform Policy may be sent home from clinical, lab or assigned community activities. Should this occur, it will result in a clinical absence for the day. **Clinical access denied if dress guidelines are not followed.**

In clinical and observational experiences when the school uniform is not worn, the student is expected to be appropriately attired in business casual dress. This includes presentations or clinical experiences when the school uniform is not worn, the student is expected to be appropriately attired in business casual, conservative, loose fitting, washable street clothes.

- Full-length slacks or skirt.
 - Khaki style are acceptable, NO jeans, NO yoga pants, NO leggings, nothing distressed or with holes.
- Opaque shirts or blouses with neckline close to the neck, no excessive cleavage.
- Shirts or blouses of sufficient length to cover the mid-section. No crop tops.
- Professional footwear that allows freedom of movement. NO flip flops.